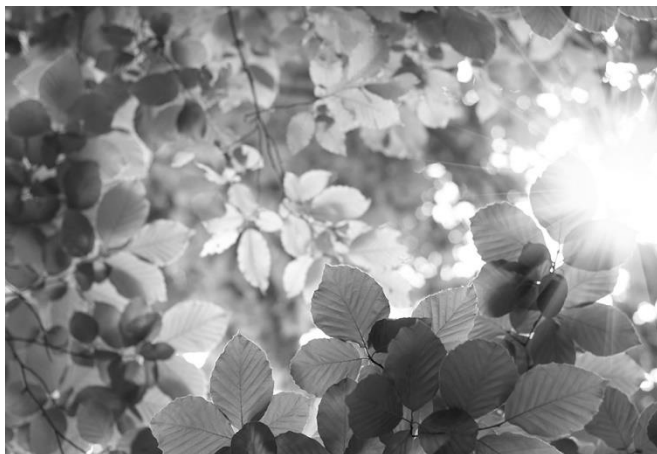




FOREST GROUP
of the United Reformed Church

www.forestgroupurc.co.uk



NEWSLETTER SEPTEMBER 2018

Find us on Facebook



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Woodford Green URC

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**MATERIAL FOR THE NEXT EDITION OF THE NEWSLETTER
NEEDS TO BE WITH THE EDITOR BY SUNDAY 23RD SEPTEMBER**

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PASTORAL LETTER



Dear friends,

What a summer we had – too hot for some, too cold for others (we got the jumpers out in Scotland), too short for some, boringly long for others, full of new adventures for some, burdened with sad news for others.

Our journey goes on. We go into September, into late summer days and autumn, into a new

school year with new teachers, classes and friends and back to work, picking up on our lives. We go into the season of Harvest celebrations, of ever shorter days, of worldly associations with “Christmas” being forced upon us in the shops.

Many rocks on our way. The tides of life go in and out, and we walk with them, adjust our lives around them, in the name of our Lord. As God’s church we do not drift. We walk steadily onwards towards our aim, Jesus Christ, our Lord.

“For He will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone.” (Ps 91,11f)

And: *“Teach me your way, o LORD, and I will walk in your truth; give me an undivided heart, that I may fear your name.”* (Ps 86,11)

Walking into September, may the angels guard you, and may the Lord teach us all His way for us. And so, may we walk in the light of the Lord!

Please hold in your prayer all for whom something new will start in September, as well as all our serving and non-serving Elders who will gather on September 15th for a joint Elders Day on next steps into the future of the URC/ of the Forest Group (with guest speaker Revd Martin Camroux).

Yours in Christ,
Ulrike

THE LORD’S PRAYER

You cannot say the Lord’s prayer and ever once say ‘I’
You cannot say the Lord’s prayer and ever once say ‘my’
You cannot say the Lord’s prayer and not pray for another
For when you ask for daily bread you must include your brother
For others are included in each and every plea
From the beginning to the end of it, it does not once say ‘me’.

(contributed by Sheila Tanner)

SUNDAY MORNING WORSHIP

All services commence at 10:30am unless otherwise stated.

Chingford

- 2 Sept Holy Communion – Revd Kevin Swaine
- 9 Sept Revd Ulrike Bell (*followed by church meeting*)
- 16 Sept **All Age Harvest Festival and Parade Service** led by
Mona Shahbaz (Gifts of non-perishable food for
Christian Kitchen)
- 23 Sept Revd Claire Wilson
- 30 Sept Kevin and Helen Haigh
- 7 Oct Holy Communion – Terry Silvey

St. James', Buckhurst Hill

- 2 Sept Holy Communion – Revd Ulrike Bell
(*Sacramental Offertory for Second Sight*)
- 9 Sept Revd Kevin Swaine
- 16 Sept Revd Roger Hoath
- 23 Sept **Harvest Festival Parade Service** led by Revd
Ulrike Bell (*followed by church meeting*)

- 30 Sept Revd Maggie Hindley
- 7 Oct Holy Communion – Revd Claire Wilson
(Sacramental Offertory for Green Christian)

Woodford Green

- 2 Sept Holy Communion – Revd June Colley
- 9 Sept Revd June Colley
- 16 Sept Revd Ulrike Bell
- 23 Sept Revd Kevin Swaine *(followed by church meeting)*
- 30 Sept Trevor Cottrell
- 7 Oct **Family Harvest Service with activities** led by
Revd Ulrike Bell **followed by lunch and games**
afternoon (with sideshows and bouncy castle!)

REMEMBRANCE 100

Starting on 4th August, there will be 100 days of prayer across the country, running until Armistice Day on Sunday 11th November. Every day there will be prayers and actions for peace. You are encouraged to sign up and to take part, spending a few minutes of each day, adding your prayers to those of tens of thousands of others.

www.remembrance100.co.uk

Friday 21st September : Event for peace at Trafalgar Square

CHURCH EVENTS

- Monday 3 **St. James'** 2.00-3.30pm Craft/Prayer Group in church room
- Tuesday 4 **Forest Group Coffee & Discussion** 10.30 at the manse
Woodford Green 8.00pm Elders meeting in the Manse
- Wednesday 5 **Chingford** 7.30pm Board of Management meeting
- Thursday 6 **St. James'** 7.30pm Elders meeting
- Friday 7 **Chingford** 11.00am Worship Group meeting
Ray Lodge 2.00pm Neighbours Club
- Monday 10 **Woodford Green** 2.30pm Jubilee Club – to be arranged
- Tuesday 12 **Forest Group Pulpit Supply meeting** 11.00am at the manse
- Friday 14 **Ray Lodge** 2.00pm Neighbours' Club
- Saturday 15 **Forest Group Elders' Study Day** 10.00am-3.00 pm at Chingford URC
- Thursday 20 **Chingford** 8.00pm Elders meeting
- Friday 21 **Ray Lodge** 2.00pm Neighbours Club
- Monday 24 **Woodford** 2.30pm Jubilee Club – to be Arranged
- Wedn'sday 26 **Chingford** 12noon Lunch Club
- Thursday 27 **Chingford** 12.30pm Churches Together Planning Lunch at Ridgeway Evangelical Church £5 cost
- Friday 28 **Ray Lodge** 2.00pm Neighbours' Club

October

Monday 1

St. James' 2.00-3.30pm Craft/Prayer Group

Thursday 4

St. James' 7.30pm Elders Meeting

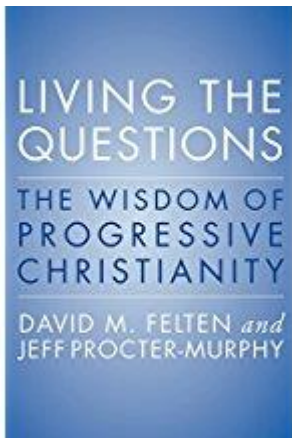
Friday 5

Ray Lodge 2.00pm Neighbours Club



COFFEE MORNING
BOOK CLUB RESTARTS
AFTER THE SUMMER!

10.30 am in the Woodford Manse on
Tuesday 4th September



This month we will be
discussing chapter 14:
'Honouring Creation'

All are welcome to our
lively discussions!

RAY LODGE URC

On Sunday, 29th July a large congregation of some 70 people gathered at Ray Lodge for their final service before amalgamation with Woodford Green URC. They included previous ministers as well as others who had preached at Ray Lodge over the years, and those representing churches in the area. In all there were eight ministers present, including June Colley who led the worship and Ulrike Bell, the current Forest Group minister, who gave the blessing!



The organ was played by Grace Morten who had been married at the congregational church on Snakes Lane, and other music was provided by **Margaret Lineker** who has been playing the piano for services at Ray Lodge for many years.

Cynthia Hodges was pleased to welcome back **Janet Jackson**, the previous church secretary, who had travelled from Shropshire to be with us. And there were representatives from the Seventh Day Adventist Church who will continue to meet at Ray Lodge for their Sabbath services.





In her address to the congregation, June pointed out that the current building was the third to be used for worship. The first was a little chapel in Ray Lodge Road, before the big congregational church was built at the end of the 19th century on

the corner of Snakes Lane. That church in turn was superseded by the current smaller church attached to the church hall. All of these changes were very well illustrated by the exhibition of photographs put together by **Margaret Woolmer** in the church hall, where a splendid tea had been prepared by Cynthia Hodges.

Although it was a sad occasion for those who had worshipped at Ray Lodge for very many years, those present made it a time of celebration of witness and service in the locality. The building will remain in use, and a new congregation originating from Zimbabwe will worship there on a Sunday morning. Midweek meetings of Rainbows, Brownies, Yoga classes and Karate, Trefoil Guild and the Wine and Beer circle, will continue to take place in the building, and the Neighbours' Club will continue to meet every Friday afternoon.



EXTERNAL EVENTS

THAMES NORTH SYNOD

Church and Society Day

Saturday 27th October 2018

Grange Park URC, Leyton

PROGRAMME

- 10.00 Worship and Introduction to the day - Brian Ball
10.15 Responding to HATE CRIME – Rhian Samuda
 (A Police Officer in Tottenham)
11.00 Children on the edge – William Jagessar
 (Childline volunteer)
11.45 Tea/ coffee break
11.55 Opportunities/Challenges – Young people and
 the church - Lorraine Downer (Youth Worker at High
 Cross URC)
12.25 A Taster session from ‘Conversations on Diversity’ –
 Lorraine Downer, Sandra Ackroyd and Alex Bediako
1.15 Lunch is provided

To book a place please contact Sandra Ackroyd at:
churchandsociety.sga@gmail.com

Thames North Training

All Ages Welcome - a creative morning, looking at worship through the eyes of all ages.

Saturday 22nd September 9.45am – 1.00pm at Romford URC ,
Western Road

Cockfosters Centre for Spirituality

29 Bramley Road, Oakwood, London N14 4HE

Praying the Word without words – or almost with Kathryn Turner

10.00am-4.00pm Saturday 22nd September

To book a place email: cockfosters@rcdow.org.uk

or Tel: 0208 4496648

Westminster College , Cambridge

Living the Life of Jesus Through Our Worship

For Lay preachers and Worship Leaders

5th -7th September

To book a place email: admin@westminster.cam.ac.uk

or Tel: 01223 330632

ARTICLES

REFLECTION: THE HOLINESS OF GOD

The Old Testament not only tells the history of the nation of Israel, but also contains visual-aids both for the Israelites and for us to help us to understand what God is like. The ceremonial laws are a case in point. Just reading through them, there are so many ways that the people could become “ceremonially unclean”, and so many steps to perform to become “clean”. Only the high priest could only enter the “Holy of Holies” once a year, and that only after a sacrifice.

Touching the Ark of the Covenant could result in death, unless you were properly appointed as a priest. All of these spoke of the “separateness” of God and the purity of his holiness. The things of God could not be mixed in with the grime of everyday things because they were fundamentally incompatible. To further underline the seriousness of this was the requirement for animal sacrifices, but this was also a visual-aid, pointing us to Jesus and His sacrifice.

What all this serves to illustrate, is the situation in which we find ourselves. We are sinners, and God is utterly holy. Would contact between God and us contaminate God? Or would it instead destroy us? We are finite creatures, and God is the infinite creator, so I think I know which it would be. So, what happened when Jesus became human and lived among us? He allowed Himself to come into contact with the grime of everyday life, whilst remaining pure, and on the cross identified Himself with us to the point of carrying our sin for us, so that we would not be destroyed by the holiness of God. This is the length to which God went to save us.

Kevin Haigh

INTERFAITH PILGRIMAGE 2018



On Saturday 30th June, I went on an Interfaith Pilgrimage arranged by Waltham Forest Women's Interfaith Network. The theme was *Forgiveness and Reconciliation* and involved visiting seven places of worship of different faiths, in the

borough of Waltham Forest, walking from one to the other.

We were joined by Sally Littlejohn, the Mayor of Waltham Forest, for part of the walk, and around twenty five people, mainly women, participated, with some joining and others leaving at different points.

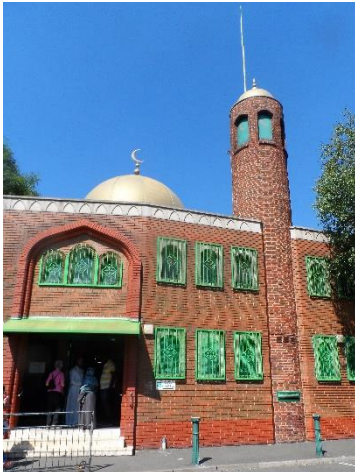
The pilgrimage began in the chapel of Whipps Cross Hospital at 9.00am, with a welcome, introduction and prayer given by Sue Diplock, curate at St-Peters-in-the Forest Anglican Church, who was our leader for the day. We then walked to the Marian Missionary Sisters of the Poor Community in Colchester Road, not far from the hospital. This Community had been set up by a Roman Catholic nun from Nigeria in 2000 and seven nuns live in the community house in Walthamstow at present. Their aim is *To serve the poor and needy for the love of God*. Their leader told us about their work with children who have special needs in the borough of Waltham Forest and how they are trying to raise funds to update their premises.

Next we walked on to Abbots Park where some members of the Bah'ai Faith had set up a table laden with delicious fruits and drinks for us to enjoy on this blazing hot day. The Bah'ai faith is one of the newest world faiths, originating in Iran in the 19th century. In the UK, Bah'ais are few in number, worshipping in each others' houses and believing in world peace and that all religions will at some time in the future unite and that their prophet, Bahullah, is the final one.

They sang some worship songs to us before we moved on to the Shri Nathji Sanatan Hindu Mandir in Whipps Cross Road. After removing our shoes, we went into the temple area, filled with very ornate statues of gods and goddesses. We listened to some more singing and one of the leaders of the temple told us about some Hindu beliefs. We then moved into a side room and were served with some delicious vegetarian food.

In the afternoon we walked on to the Wanstead Quaker Meeting House in Bush Road, a beautiful circular building with lovely gardens. Inside we sat in silence for ten minutes, which I found

challenging, although Quakers normally sit for an hour in silence in their meetings. Again we were served with refreshments before proceeding to a Muslim place of worship, the Leytonstone Masjid in Dacre Road .



I left the pilgrimage at that point, but some others continued on to the Leytonstone and Wanstead Synagogue and the final stop was at the Sikh Gurdwara in Francis Road.

I had enjoyed walking alongside people of other faiths and sharing stories with them, realising how much we have in common despite our different beliefs and ways of worshipping.

This Interfaith Pilgrimage is now an annual event, so I hope to go on it again next year. It is certainly a very interesting and enriching experience.

Isabel Bala

WHIRLING DERVISHES IN EAST HAM TOWN HALL

August 10th is Adam Day as celebrated by the Sufi Community where they invite members of the religions whose religious teaching is that they are descended from Adam (and Eve) to celebrate together as children of ADAM regardless of our race ethnicity, faith belief, creed or lifestyle. For unity in diversity.

Through an introduction to members of the Sufi community who attend East London Three Faiths Forum we have attended this event last year and this. We hear speakers from the three Abrahamic faiths (not a lot of representation from the Jewish community this year as August 10th was a Friday, but one scholar was able to attend) and other organisations involved in community cohesion (this year it was an Inspector from the Newham police who asked us to work together for the good of the whole community) and the religions are asked to provide entertainment.

For the Christian entertainment, Sally Barton from St Mary's Woodford bravely volunteered and with her guitar sang "If I had a hammer" and "Now the green blade rises from the buried grain" which went down very well. The Jewish community was not able to provide anyone this year but last year they found an Irish fiddle player who played jigs and reels.

A father and son from the Sufi community demonstrated Sufi Whirling which starts off very slowly and becomes mesmeric. I understand the participants are in a trancelike state to be able to make so many turns – far far more than the 32 fourchettes of the Sleeping Beauty - without falling over. The Sufis also provided a couple of young singers whose song, if the name of God had been changed from Allah, would have been welcomed in any Christian gathering.

My husband spoke last year on Adam and Eve in the Garden of Eden and this year on the Psalms which have their place in all three Abrahamic faiths.

And then we had a very enjoyable meal (the curry was very mild and I got to taste Irn Bru) and didn't have to wait too long for the 101 bus to take us back to Wanstead. Visiting East Ham Town Hall was quite an experience – late Victorian and definitely there to make a statement of civic pride.

Jean Wyber

OTHONA BRADWELL

August 2018

‘Wonderful Wildlife’ was the theme of the week I signed up for at Othona, Bradwell-on-Sea this summer. It was led by Hayley-Marie Kenney, a bee-keeper from Rugby. Around thirty people had come for the week, including some children of different ages, who enjoyed exploring the beautiful Othona ecosystem.

It was a family-friendly week, with excursions down to the seashore, looking for tiny crabs on the first morning. The next day we collected seeds in the peace garden and along the sea wall to later be mixed with mud to make into *seed bombs*, which would be thrown into an area of grassland near the chapel.

Another day we looked for creatures in a pond among the reed beds and one evening we went badger-spotting in the woodland near the community site and some of us did see a flash of black and white crossing the path after some time of waiting, which was quite exciting.

One of the things I enjoy most about being at Othona is going to St. Peter’s Chapel twice a day to attend the services led by different people. There is no electricity in the chapel, so in the evening it is lit by candles, and walking there in the evening, watching the sun set with a panorama of sea and sky all around is amazing.

Inside the chapel, founded by St. Cedd in 654AD, there is a beautiful crucifix designed by Francis William Stephens, installed there over sixty years ago and St. Cedd is depicted at the foot of it, holding his bishop's crook. Three stones are set into the altar, one from Lindisfarne, where St. Cedd was trained as a monk, one from Iona where St. Columba founded a monastery and where the Celtic mission of St. Cedd began. The third stone is from Lastingham, where St. Cedd died of the plague in 664AD.

It is over seventy years now since Revd Norman Motley set up the Othona Community, hoping to promote reconciliation between German and British people after the Second World War. He encountered considerable opposition and derision, but he was a very determined person and his vision bore fruit with many German people still coming to spend time at Bradwell each year along with people from many other countries. While I was there there were eight VAPS (Volunteer Action for Peace) students from France, Spain and Italy who helped out with various tasks during their two week stay. They all got on very well together, considering they had never seen each other before.

Another of the good things about being at Othona is seeing old friends and making new ones, meeting a diverse mix of people, old and young, able and disabled and gifted in different ways. If you have never been to stay there, or even to visit for a day, I would recommend it.

You could check the website: www.othona-bradwell.org.uk to find out more about the community and its programme of events.

Isabel Bala

CHINGFORD NEWS

AN EVENTFUL SUMMER!

Niamh received the County Award for being one of the youngest District Commissioners in the County and for growing Guiding in North Chingford – congratulations to Niamh and to **Adam** and **Matthew** who both achieved the Duke of Edinburgh Gold award, and to **Gabrielle** who was awarded the National Citizenship Scheme certificate.

Congratulations to **Thomas** who won Welling Tennis Club's internal championship over the summer.

We enjoyed a very good production of '*Will Shakespeare Save Us*' by the Wadham Players in our church garden in July.

Evie and **Matilda** will be joining their siblings at Davenant this month and we wish them well as they start the next stage of their education.

ST JAMES' NEWS

CHURCH MEETING NOTES JULY 2018

Our July Church Meeting was chaired by Louise Woodcock, and was attended by twelve people. The meeting began by exchanging news of the church family, before moving on to other matters.

Work on replacing the church roof will be done in August, when fewer people use our premises. A lower quote for the work had been found, so the cost of repairs has been lowered to £43,000, as a grant of £5,000 has been obtained from Lo-Case (Low Carbon Across the South East) and a further grant from Synod has been applied for.

Some time was spent on discussing how we can attract new people to the congregation. Leaflets giving details of forthcoming services and church events are to be produced and may be distributed in the locality.

We decided to continue with our five minutes of silence before the service begins after a candle is lit, despite some concern that latecomers might not be comfortable coming into a quiet church.

Our Health and Safety Policy had been reviewed by the Elders and a new Health and Safety poster is on display in the entrance area. We now have to have a practice Fire Drill during or after one of our services to comply with the policy. Our Safeguarding Policy will next have to be reviewed.

A newsletter had been received from the URC Peace Fellowship, giving details of *Remembrance 100*. From 4th August a series of 100 days of prayer begins which will culminate on Armistice Day on Sunday November 11th, marking 100 years since the end of the

First Word War. We will have a *Remembrance 100* service at St. James' on 26th August.

Corinne Brixton, formerly an assistant minister at St. John's Church, has written a book entitled, *Through Martha's Eyes*, giving the story of Martha, Mary and Lazarus' sister in the gospels, in her own words. It is very interesting and worth reading. Proceeds of the sale of the book go to the Bible Society.

We are looking forward to our Autumn Barn Dance on Saturday 27th October at 7.00pm, to be organised by Margaret Minoletti, on the same lines as last's year's successful event. Do come along if you can.

Isabel Bala

WOODFORD GREEN NEWS

CONGRATULATIONS!

Well done to **Eleanor** who got a whole lot of distinctions in her examination results in August. She is now getting ready to start university in the autumn, as is her brother **James**, who returns from VSO in Kenya at the end of August. We look forward to hearing all about his trip in next month's newsletter.

Eleanor is going to Chichester University to study Musical Theatre (Triple Thread) and James is going to Portsmouth University to study Paramedic Science. So we wish the Corney family well as Eleanor and James set up their new homes on the south coast, and good luck to Suzanne and Paul who will have to do most of the setting up no doubt!

Finally, good luck to **Lydia** who will be starting at West Hatch Secondary School in September.

DIRECTORY

CHINGFORD UNITED REFORMED CHURCH

Buxton Road, Chingford, E4 7DP

www.chingfordurc.org.uk

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NEWSLETTER		
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REGULAR EVENTS

Sunday	10.30 am	Morning Worship with Holy Communion on the first Sunday of each month Junior Family Church (from age 3) and Questers	Tel: 8504 7518
Monday	5.30–6.30 pm	27 th Chingford Beavers (age 6 – 8 years)	Tel: 8524 2491
Tuesday	1.30–3.00 pm	Club for Under 5s and Carers (Term time only)	Tel: 8529 0071
	7.00–8.30 pm	27 th Chingford Cubs (age 8 - 10½ years)	Tel: 8524 2491
	7.30–9.00 pm	27 th Chingford Scouts (10½ - 14 years)	Tel: 8524 2491
Wednesday	12 noon (last in month)	Lunch Club: £4 meal	Tel: 8529 0441
Thursday	5.45–7.15 pm	5 th Chingford Brownies (age 7 – 10 years)	Tel: 8529 1475
	7.30–9.00 pm	5 th Chingford Guides (age 10 – 14 years)	Tel: 8529 4420
Friday	9.30–12 noon	Coffee and Chat	Tel: 8529 0441
	10.30-11.00 am	Prayer Group	

ST. JAMES' UNITED REFORMED CHURCH

Palmerston Road, Buckhurst Hill, Essex IG9 5NG

www.stjamesurc.org.uk

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HALL MANAGER

Dale Gravett Tel: 8505 0300
valandale@btinternet.com

REGULAR EVENTS

- Sunday 10.30 am Morning Worship (with Holy Communion on the first Sunday of each month)
- Monday 2-3.30pm Craft/Prayer Group on the first Monday each month
- 5.30 pm 2nd Buckhurst Hill Brownies 8508 7546
- 7.00 pm 2nd Buckhurst Hill Guides 8508 3480
- Wednesday 7.00 pm Sing Emmanuel Choir
- Thursday 6.00-7.00 pm 28th Epping Forest Beavers 07960309175
- 6.30-8.00 pm 28th Epping Forest Cubs 8504 5270
- 7.30-9.00 pm 28th Epping Forest Scouts 07896031718

Bible Studies also take place on Mondays at 10.30am and repeated at 8.00pm at certain times during the year. Please see calendar for details.

WOODFORD GREEN
UNITED REFORMED CHURCH
High Elms, Woodford Green, Essex IG8 0UP
www.wgufc.org.uk

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rev@jcolley.plus.com

REGULAR EVENTS

Sunday	10.30am	Morning Worship and Junior Church (with Holy Communion on the first Sunday of each month)
	4.00pm	'Messy Church' second Sunday of every month
Monday	2.30pm	Jubilee Club (alternate weeks – see calendar for details)
Tuesday	6-7.30pm	14 th Woodford Brownie Pack (aged 7-10)
Thursday	7-9.00pm	14 th Woodford Guide Company (age 10-14)
Friday	9.00-10.30am	Play Café for toddlers and babies with their parents and carers
	6-7.30pm	PILOTS (a non-uniformed Christian group for children aged 4-11 years)

RAY LODGE SITE

Ray Lodge Road, Woodford Green, Essex IG8 7NX

Enquiries to Church Secretary at Woodford Green URC.

Caretaker Mr. Peter Pitt 07940 725344

REGULAR EVENTS

Tuesday 6.00 – 7.00 pm 7th Woodford Rainbow Unit
(age 5 – 7)

Wednesday 6.15 – 7.45 pm 16th Woodford Brownie Pack
(age 7 – 10)

Friday 2.00 – 3.30 pm Neighbours' Club

The premises are also used by the Seventh Day Adventist Church on Saturdays for Sabbath Worship and Wednesday evenings for Prayer Meetings, and by Faith Ministries (UK Churches) on Sunday mornings.